



British Ice Skating September Event Announcement

15/09/25-19/09/25

BIS Cup, Adult Singles Open, Interpretive, Exhibition & Artistic Event

Last updated: 23/07/2025

GENERAL REGULATIONS

This event is open to all competitors who are current members of British Ice Skating and qualify with regard to eligibility according to Rule 102. Skates must meet minimum entry requirements on the closing date. Skaters may only enter one event. A waiting list may be in operation.

BIS Cup Series

Skaters must meet the age criteria and the minimum standard to compete in the series. Where skaters are eligible for more than one event, they should skate in the highest level. Once a skater has competed in a British Championship Qualifier event in the 25/26 season a skater cannot return to BIS Cup Series Event or Final.

Name of Event	Competition Criteria to be followed	Age at 1 st of July 2025	Minimum Skills Test	Minimum Technical Test	Minimum Component Test	Minimum Skills Test	Minimum Technical Test	Minimum Component Test	Top BIS Cup Series Rankings
						For BIS Cup Series		For BIS Cup Final	
BIS Cup – National 4 – Girls	National 4	Reached 14	4	3	3	4	4	4	30
BIS Cup – National 4 – Boys	National 4	Reached 14	4	3	3	4	4	4	10
BIS Cup – National 5 – Girls	National 5	Reached 14	5	4	4	5	5	5	30
BIS Cup – National 5 – Boys	National 5	Reached 14	5	4	4	5	5	5	10
BIS Cup – National 6 – Girls	National 6 Free	Reached 16	6	5	5	6	6	6	24
BIS Cup – National 6 – Boys	National 6 Free	Reached 16	6	5	5	6	6	6	10
BIS Cup – National 7 – Women	National 7 Free	Reached 17	7	6	6	7	7	7	18
BIS Cup – National 7 – Men	National 7 Free	Reached 17	7	6	6	7	7	7	14
BIS Cup – National 8 – Women	National 8 Free	Reached 17	8	7	7	8	8	8	8
BIS Cup – National 8 – Men	National 8 Free	Reached 17	8	7	7	8	8	8	6

Adult Singles

These events must be split by gender, and can provide further split by age at the organisers discretion. There are no maximum test requirements, however, athletes should skate at an appropriate level for fair competition depending on their own personal circumstances.

Name of Event	Competition Criteria to be followed	Age at 1 st of July 2025	Minimum Skills Test	Minimum National Technical Test	Minimum National Program Component Test
Pre-Bronze Young Adults	Beginner Generic Criteria	Minimum 18 Not reached 28	Completed Passport		
Pre-Bronze Adults	Beginner Generic Criteria	Must have reached 28	Completed Passport		
Bronze Young Adults	ISU Bronze Criteria	Minimum 18 Not reached 28	1		
Bronze ISU Adults	ISU Bronze Criteria	Must have reached 28	1		
Silver Young Adults	ISU Silver Criteria	Minimum 18 Not reached 28	2		
Silver ISU Adults	ISU Silver Criteria	Must have reached 28	2		
Gold Young Adults	ISU Gold Criteria	Minimum 18 Not reached 28	3		
Gold ISU Adults	ISU Gold Criteria	Must have reached 28	3		
Master Young Adults	ISU Master Criteria	Minimum 18 Not reached 28	4		
Master ISU Adults	ISU Master Criteria	Must have reached 28	4		

Interpretive

Name of Category	Criteria to be followed	Length of Programme	Age at 1 st of July 2025	Number of Skaters
Juvenile Interpretive	There are no mandatory elements.	1 min 30 (+/- 10 seconds)	Not reached 13	1
Junior Interpretive	A maximum of two jump elements can be attempted/performed – these cannot be combinations or sequences and must be no more than one full rotation (no axel, double or triple jumps)	2 mins (+/- 10 seconds)	Reached 13 but not 18	1
Young Adult Interpretive	A maximum of two spins can be attempted/performed. Any additional spins or jumps will receive a deduction of 1.0 per attempt. The program must be developed through skating skill and quality rather than through non-skating actions such as sliding on one knee or excessive use of toe steps. The skater/pair must not remain in one place for more than five (5) seconds. The Program and time clock will start with the first movement by the skater/pair. The referee is responsible for the deductions.	2 mins (+/- 10 seconds)	Reached 18 but not 28	1
Adult Interpretive		2 mins (+/- 10 seconds)	Reached 28	1
Duo Interpretive		2 mins (+/- 10 seconds)	Any Age	2

The interpretive events consist of programs judged only on the basis of the Program Components:

- **Composition** - The intentional, developed and/or original arrangement of the repertoire of all types of movements into a meaningful whole according to the principles of proportion, unity, space, pattern, and musical structure.
- **Presentation** - Presentation The demonstration of engagement, commitment and involvement based on an understanding of the music and composition.
- **Skating skills** - The ability of the Skater to execute the skating repertoire of steps, turns, and skating movement, with blade and body control.

Programs should portray a story, expressing conflict, resolution and/or depth of emotion. Skaters should provoke an emotional response with the audience - through related skating movements, gestures and choreographic processes. The entire spectrum of emotions should be considered, not just negative ones in selection of the piece being used (for example: love, loss, longing, fulfilment).

See ISU Communication 2494 Paragraph III, Special Regulations and Technical Rules in Single & Pair Skating and Ice Dance (Rule 504 para 3a) for a detailed description of Program Components. There will be no technical panel and no technical mark given. The points for

each Program Component are multiplied by a factor of 1.0. Falls are not subject to a deduction but may have a negative impact on the Program Components.

The Interpretive competition is an athletic competition that is intended to allow skaters to demonstrate their skating ability as defined by the three program components of the ISU judging system. Credit for the required technical elements is based solely on the ability of such movements to enhance the component score. Credit will not be given for their technical difficulty.

Clothing and make-up must be modest, dignified and appropriate for athletic competition – not garish or theatrical in design. Clothing may, however, reflect the character of the music chosen. Clothing must not give the effect of excessive nudity. (ISU Rule 501). This is NOT a theatre-on-ice, showcase or spotlight event. Theatrical costumes and makeup will be penalized by a deduction: -1.0 per program.

Props and accessories may NOT be used in any part of the interpretive programs. Use of props will be penalized by a deduction: -1.0 per program.

Any item that is held in the hand or removed during the performance is considered a prop. Thus, for example, a hat worn throughout the program is not considered to be a prop, but if it is intentionally removed during the performance, it is considered a prop. Objects on the ice, thrown into the audience, placed on the boards or on the judges table are not permitted. Costumes that contain particles that may mar or leave anything on the ice surface (feathers, boas, excessive beading) are considered unsafe and are not permitted.

The decorations on costumes **must be non-detachable**. Part of the costume or decoration falling on the ice will be penalized by a deduction: -1.0 per program. The deduction for inappropriate clothing or make-up props and accessories (1.0) will be determined by a majority of the judges and the referee.

Illegal elements:

- Somersault type jumps
- Laying on the ice and prolonged and/or stationary kneeling on both knees on the ice.

The warm-up duration is four minutes for all Interpretive Free Skating and Pair Interpretive Free Skating events.

Exhibition

Skaters will have one (1) minute from their call to the start to be ready to perform their programme. This time can be used for warm up or to set up. Failure to do so will result in a 5-point deduction for the first 30 seconds. Skaters taking longer than one minute thirty to be ready to start will be withdrawn.

Name of Category	Criteria to be followed	Length of Programme	Age at 1 st of July 2025	Number of Skaters
Juvenile Exhibition	Skaters will impersonate a character, original or adapted, on the ice. Performances as a character from a movie, musical, book, original idea, original adaptation are all welcome here. Lip Synching, props and scenery are permitted. No technical limitations. There will be no technical panel and no technical mark given. The points for each Program Component are multiplied by a factor of 1.0. Falls are not subject to a deduction but may have a negative impact on the Program Components.	1 min 30 (+/- 10 seconds)	Not reached 13	1
Junior Exhibition		1 min 30 (+/- 10 seconds)	Reached 13 but not 18	1
Young Adult Exhibition		1 min 30 (+/- 10 seconds)	Reached 18 but not 28	1
Adult Exhibition		1 min 30 (+/- 10 seconds)	Reached 28	1

Judging

Three Program Components – marked on a scale of 0.25 to 10.

- Entertainment, Innovation and Costume
 - Originality of performance, general entertainment value, appeal of the performance
 - Performance reflecting the theme of the music and costume
 - How well the performance draws in and captivates the spectators
- Musical Interpretation and Performance
 - Suitability of the music used in relation to the performance and the composition of the program in relation to the harmony of the music
 - Relationship of the costume to the theme of the performance and illustration of the theme continuity and linking of sections within the program
 - Sensitivity to the music
- Precision & Difficulty

- Difficulty of the steps and other skating movements involved, including steps and other skating movements. There is no technical mark or credit for difficult elements
- Variety of movements and how well they are performed.
- Connections between and within elements
- Balance on the blade, glide and flow over the ice

COSTUMES

- Costuming and make-up for exhibition skating programs should enhance the feeling created by the performance and reflect the meaning of the story/theme portrayed on the ice.
- The clothing of the competitors must be appropriate for competition.

SCENERY / PROP RULES

Props and scenery must be placed and removed

- All props and scenery must be able to enter and exit the entrances from which skaters enter the ice. Extra accommodations for entry and exit from other locations to fit oversized props will not be allowed.

General

- The inclusion of scenery and/or props is optional
- All scenery must be portable by the skater, and without mechanical means for transportation. Its movement while on the ice will be the responsibility of the skater.
- The use of props and scenery should add to the performance of the skaters.
- The use of smoke, fire, dry ice, liquids, live animals, feathers, bubble machines or any substance that may harm the ice surface and/or skaters is not permitted.
- No glass mirrors or glass of any kind is allowed on the ice.
- Dangerous props that may harm participant/audience could result in disqualification from event/competition.

Scenery Break Down

- At the completion of the performance, and after the team has taken their bows, teams will be permitted one minute to remove all scenery/props. Failure to do so will result in a 5-point deduction per 30 seconds over this time.

Artistic

Competitions will be held at the Masters, Gold, Silver, Bronze.

Name of Category	Criteria to be followed	Length of Programme	Age at 1 st of July 2025	Number of Skaters
Young Adult Artistic	1:30 +/- 10 seconds for Bronze, Silver and Gold and 2 mins +/-10 seconds for Masters (as per ISU categories)	1 min 30 (+/- 10 seconds)	Reached 18 but not 28	1
Adult Artistic		1 min 30 (+/- 10 seconds)	Reached 28	1

Skaters must have completed their passports to enter or completed national tests.

Those seeking equivalencies can contact test.membership@iceskating.org.uk for clarification.

General Requirements for Artistic Free Skating

The artistic events consist of Free Skating and Pair Free Skating programs judged only on the basis of the Program Components:

- Composition
- Presentation
- Skating skills

See ISU Communication 2494 III General Technical Rules in Single & Pair Skating and Ice Dance (Rule 504 para 3a) for a detailed description of Program Components.

There will be no technical panel and no technical mark given.

The points for each Program Component are multiplied by a factor of 1.0. Falls are not subject to a deduction but may have a negative impact on the Program Components.

The Artistic Free Skating competition is an athletic competition that is intended to allow skaters to demonstrate their skating ability as defined by the three program components of the ISU judging system.

Credit for the required technical elements is based solely on the ability of such movements to enhance the component score. Credit

will not be given for their technical difficulty.

The program must be developed through skating skill and quality rather than through non-skating actions such as sliding on one knee or excessive use of toe steps. The skater/pair must not remain in one place for more than five (5) seconds.

The Program and time clock will start with the first movement by the skater/pair.

Any technical element exceeding the maximum number as set forth below, will be judged as an illegal element (1.0 deduction). If the minimum required technical elements are not included, a deduction for a “missing element” of 1.0 will be made. The Referee is responsible for such deductions.

Clothing and make-up must be modest, dignified and appropriate for athletic competition – not garish or theatrical in design. Clothing may, however, reflect the character of the music chosen. Clothing must not give the effect of excessive nudity. (ISU Rule 501)

This is NOT a theatre-on-ice, showcase or spotlight event. Theatrical costumes and make-up will be penalized by a deduction: -1.0 per program.

Props and accessories may NOT be used in any part of the artistic programs. Use of props will be penalized by a deduction: -1.0 per program.

Any item that is held in the hand or removed during the performance is considered a prop. Thus, for example, a hat worn throughout the program is not considered to be a prop, but if it is intentionally removed during the performance it is considered a prop.

Objects on the ice, thrown in the audience, placed on the boards or on the judges table are not permitted.

Costumes that contain particles that may mark or leave anything on the ice surface (feathers, boas, excessive beading) are considered unsafe and are not permitted.

The decorations on costumes must be non-detachable. Part of the costume or decoration falling on the ice will be penalized by a deduction: -1.0 per program.

The deduction for inappropriate clothing or make-up props and accessories (1.0) will be determined by a majority of the judges and the referee.

Illegal elements:

- Somersault type jumps
- Laying on the ice and prolonged and/or stationary kneeling on both knees on the ice.

The warm-up duration is four minutes for all Artistic Free Skating and Pair Artistic Free Skating events

The Artistic Free Skate is a competitive program that must include elements of the sport of figure skating.

At least one (1) and a maximum of two (2) single jumps MUST be included.

A Waltz jump is not considered a listed single jump. At least one (1) and a maximum of two (2) spins MUST be included.

For Bronze, Silver and Gold level, no Axel type jumps are allowed, for Masters and Elite levels Axels are permitted.

For all levels no double or triple jumps are allowed.

No combination jumps are allowed.

- The program duration for Masters Artistic Free Skating is 2 minutes +/- 10 seconds.
- The program duration for Gold, Silver, Bronze Artistic Free Skating is 1 minute and 30 seconds, +/- 10 seconds.

TECHNICAL DATA

Arena: Bauer Arena, Ice Sheffield, Coleridge Road, Sheffield, S9 5DA. A heated indoor ice-rink with an ice surface of 30 x 60 m.

ENTRY OF SKATERS

Entries will open on **23/07/2025 at 12 noon**

Entries will close on **30/08/2025 at 12 noon.**

BIS Cup Series & Adult Singles Open: <https://britishiceskating.sport80.com/public/wizard/e/454>

Interpretive, Exhibition & Artistic Event: <https://britishiceskating.sport80.com/public/wizard/e/461>

Entries will open on **23/07/2025 at 12 noon**
Entries will close on **30/07/2025 at 12 noon.**

Skaters who are invited after the closing date if spaces become available must complete their invite by the deadline set to secure their place.

ENTRY FEE

BIS Cup - £86.00

Adult Singles & Artistic - £86.00

Interpretive, Exhibition- £86.00

REGISTRATION REQUIREMENTS

Each skater must register elements on the below link no later than **01/09/2025**.

BIS Cup Element Upload Link: [Click Here for Submission Form](#)

Adult Singles Element Upload Link: [Click Here for Submission Form](#)

Music must be uploaded to the below link as an MP3 music file no later than **01/09/2025**; please read the music guidance below before uploading your files.

BIS Cup Music Upload Link: [Click Here for Submission Form](#)

Adult Open (Singles & Artistic) Music Upload Link: [Click Here for Submission Form](#)

Interpretive, Exhibition Upload Link: [Click Here for Submission Form](#)

If the music is not provided by the deadline the skater will be withdrawn before the draw.

The skater is responsible for submitting their music electronically and ensuring they hold all appropriate music licences. For more information see our current [Music Guidance here](#).

The music files will be kept until the end of the competition. CDs will not be accepted by the OC. Each Competitor **must have their own back-up drive** (USB stick) for each program, in the format of an MP3 file, at the side of the rink for immediate use should it be necessary. Any other format will not be accepted.

The uploaded music file **must be labelled** with the following:

- Skater's event & category
- Program (if relevant - Short/Free)
- Skaters full name

eg. Basic Novice Boys_John Smith Senior Women_Short_Ann Smith

ENTRIES OF COACHES

Rink-side access will be provided to those who are named on entry, and who hold a valid licence with the appropriate qualifications and CPD.

ENTRIES OF CHAPERONES

There is no accreditation given for Chaperones. Entry to the rink is by spectator ticket which can be purchased online in advance, or at the front desk on arrival. The link for online ticket sales will be published to the event's Sportity Channel (see bottom of announcement for channel details) once available. Spectator tickets will cost £5

WITHDRAWALS

Entries are strictly non-refundable and non-transferable after closing date. Before the closing date spaces will be refunded minus a £25 administration charge plus stripe fees. This will be issued at the organiser's convenience but should be no later than 2 weeks after the scheduled event has taken place.

Withdrawals before the draw should be sent to results@iceskating.org.uk. Any withdrawals after the official draw will need to be communicated by submitting the Withdrawal Form: [Click Here for Submission Form](#)

Skaters withdrawing after the official draw will need to have a valid reason and provide proof (submitted via Withdrawal Form). Failure to do so might affect future entry into events.

TIMETABLE

A detailed timetable will be released no later than **13/08/2025** and published to the event's Sportity Channel (see bottom of this announcement for channel details). Skaters are expected to be available to skate 30 minutes ahead of their scheduled time.

DRAWS AND AWARDS

The draw will be made electronically approx. 1 week before the event.

The three best-placed Competitors in each event will be announced and honoured at the medal presentations after the final segment of that category.

LIABILITY

British Ice Skating assume no responsibility for or liability with respect to bodily or personal injury, or property damage incurred by Competitors and Officials. The Organizing Committee reserve the right to cancel the event without liability or refunds. Should the competition have to be cancelled for any reason the organizer accepts no liability for any arrangements made or expenses incurred by attending skaters, coaches or family members. Competitors/Officials must report any injuries to the reception desk or other BIS personnel.

The organizer will provide medical emergency first aid during the competition. Please do not attend if you are unwell or have tested positive for COVID or any other contagious disease. All Skaters with medical conditions are obliged to inform the Event Organiser of these underlying conditions in order that the medical team be fully informed.

Skaters and, if appropriate, their parents/guardians carry all responsibility in ensuring the music they use is appropriately licensed and accept all liability.

Competitors, parents and coaches are reminded that the judges, officials and helpers are all volunteers, without whom this competition would not be possible. Failure to treat them or any staff members with respect will result in the individual being expelled from the events.

MEDIA CAPTURE

At this event British Ice Skating may reasonably wish to take general photos or videos. All attendees, but particularly children, young people and their parents should be aware this will be taking place and we have asked for your consent to do so on the Competition Entry Form.

It is not reasonable, practical, proportionate or possible to preclude this type of photography. However, British Ice Skating will make every effort to ensure if consent has not been given, that photos and videos are not taken, used in publications, or posted on social media or websites.

1. At this event British Ice Skating and others may reasonably wish to take general photos or videos.
 - All entrants have been asked to give their consent for photographs and videos to be taken and used in line with this policy.
 - Where consent has not been given, this information will be relayed to the Official Photographers and relevant Event personnel who will make all reasonable attempts to exclude the individual, but it cannot be guaranteed.
 - Parents/Guardians should be aware that photographs and videos may be taken of children for promotional and publicity purposes and to celebrate ice skating activities by British Ice Skating.
2. Non-accredited individuals are anyone who has not received official approval from British Ice Skating to capture media at the event, including spectators, coaches, competitors and their families.
 - Non-accredited individuals should ensure they only capture images/videos where they have the subject/subjects' consent and, for those under 18, their parents/guardians' consent.
 - Non-accredited individuals are not permitted to capture images or videos of any on-ice activities during the

event, including warm-up and competition.

3. Accredited Photographers are professional photographers/videographers or those acting on behalf of British Ice Skating who have received official accreditation for capturing media at this event.
 - Accredited Photographers are permitted to capture images and videos, including on-ice activities, at this event.
 - British Ice Skating will ensure Accredited Photographers are clearly identifiable at all times.
4. This event may be livestreamed subject to availability.

MEDIA USAGE

- Media captured by British Ice Skating during this event will be stored and used in line with GDPR requirements and the Data Protection Act 2018.
- Media captured by Accredited Photographers may be used for publicity, promotional or celebratory purposes. Where children are featured, their names will typically not be included except in the case of medal winners, who may be named alongside their photo.
- British Ice Skating will take all possible steps to ensure any media captured is used solely for the purposes intended. If you become aware of images/videos being used inappropriately you should inform the Events Team immediately at entries@iceskating.org.uk

PRACTICE ICE

Unofficial practice ice will be available; details including booking link will be published to the event's Sportity channel once available.

INFORMATION

Keep yourself up to date with the latest information for this event on the [Sportity App](#) with channel code:

BIS_SEPT_2025

If you have a question not answered here, please contact the British Ice Skating Events Team at entries@iceskating.org.uk