



DISC

Solo Dance Series Competitions

26th and 27th January 2026

Sportity: DeesideSD26

Deeside Ice Skating Club welcome entries for the above competition via the relevant entry form on [Deeside Solo Dance Entry Form 2026](#)

ENTRY FORM will open on Wednesday 12th November at 12 noon
CLOSING DATE FOR ENTRIES: Wednesday 26th November at 12 noon

Deeside Ice Arena, Chester Road West, Queensferry, Flintshire CH5 1SA

- For Solo Dance Series Competitions, there are no mandatory age requirements in any category, all skaters may compete at any age they wish to compete at.
- All skaters must meet the minimum **Skills test requirements**, set out in the table below, to enter their respective category as of 26th November 2025.
- Women and men will be combined for all levels.

Category	Entry requirements Solo Dance Series
Young Stars Beginner	Minimum: Skate UK Star Maximum: Level 1 Skills
Young Stars Juvenile	Minimum: Level 1 Skills Maximum: Level 3 Skills
Basic Novice	Minimum: Level 4 Skills
Intermediate Novice	Minimum: Level 5 Skills
Advanced Novice	Minimum: Level 6 Skills
Junior	Minimum: Level 7 Skills
Senior	Minimum: Level 8 Skills

- **NOTE: Beginner - Advanced Novice Pattern Dance Requirements:**
At Solo Dance Series Qualifier Events, one (1) Pattern Dance will be skated. **The Pattern Dance draw was completed by the organising committee on 8th September 2025. The pattern dances**

for our event are detailed in the table below. Basic Novice, Intermediate Novice, Advanced Novice, Junior and Senior categories will all be skated to ISU Solo Dance Rules.

Category	Pattern Dance/Rhythm Dance	Free Dance
Young Star Beginner	Novice Foxtrot (2 seq)	1 min 30 sec +/- 5 secs
Young Star Juvenile	Fiesta Tango (2 seq)	1 min 30 sec +/- 5 secs
Basic Novice	Willow Waltz (2 Seq)	1 min 30 sec +/- 10 secs
Intermediate Novice	Tango (2 Seq)	1 min 50 sec +/- 10 secs
Advanced Novice	Starlight Waltz (2 Seq)	2 mins 20 sec +/- 10 secs
Junior	Rhythm Dance (Theme: The Music, Dance Styles and Feeling of the 1990s) 2 min 50 sec +/- 10 secs	3 min +/- 10 secs
Senior	Rhythm Dance (Theme: The Music, Dance Styles and Feeling of the 1990s) 2 min 50 sec +/- 10 secs	3 min 30 sec +/- 10 secs

Category	Couples Pattern Dance/Rhythm Dance	Free Dance
Young Star Beginner	Novice Foxtrot (2 seq) Rhythm Blues (2 seq)	1 min 30 sec +/- 5 secs
Young Star Juvenile	Riverside Rhumba (2 seq) Fiesta Tango (2 seq)	1 min 30 sec +/- 5 secs
Basic Novice	Willow Waltz (2 Seq) Tango Canasta (2 Seq)	1 min 30 sec +/- 10 secs
Intermediate Novice	International Tango (2 Seq) Rocker Foxtrot (2 Seq)	1 min 50 sec +/- 10 secs
Advanced Novice	Starlight Waltz (2 Seq) Quickstep (2 Seq & choreo elects)	2 mins 20 sec +/- 10 secs
Junior	Rhythm Dance (Theme: The Music, Dance Styles and Feeling of the 1990s) 2 min 50 sec +/- 10 secs	3 min +/- 10 secs

Senior	Rhythm Dance (Theme: The Music, Dance Styles and Feeling of the 1990s) 2 min 50 sec +/- 10 secs	3 min 30 sec +/- 10 secs

Adults Categories

- Skaters may enter only 1 category (i.e. Pre-Bronze, Bronze, Silver or Gold) within each segment. They are however free to choose the level of each segment individually within the standards listed. For example, a skater may choose to enter a category of pattern dance and a different category in free dance, based on their ability.
- Women and men will be combined for all categories.
- Young Adults must be 18 but not have reached the age of 28 before 1st July 2025. Class I must be 28 but not have reached the age of 38 before 1st July 2025. Class II must be 38 but not have reached the age of 47 before 1st July 2025. Class III Must be 47 before 1st July 2025 (no upper age limit). **Please note:** All age groups within a category will skate within the same scheduled time according to the timetable, but trophies will be awarded for each individual age group.

At our event, adult skaters will skate one pattern dance. *The Pattern Dance draw was completed by the organising committee on 8th September 2025. The pattern dances for our event are detailed in the table below.*

Category	Pattern Dance	Free Dance
Pre-Bronze	Novice Foxtrot (2 Seq)	1 min 30 sec +/- 5 secs
Bronze	Fiesta Tango (2 Seq)	1 min 30 sec +/- 10 secs
Silver	European Waltz (2 Seq)	1 min 50 sec +/- 10 secs
Gold	Westminster Waltz (2 Seq)	2 mins 20 secs +/- 10 sec
Masters	Quickstep with ChSt	2 mins 20 secs +/- 10 sec

Adult Couples Category	Couples Pattern Dance	Couples Free Dance
Pre-Bronze	Golden Skaters Waltz (2 Seq) Riverside Rhumba (2 Seq)	1 min 30 sec +/- 5 secs
Bronze	Swing Dance (2 Seq) Fourteenstep (2 Seq)	1 min 30 sec +/- 10 secs
Silver	Rocker Foxtrot (2 Seq) Blues (2 Seq)	1 min 50 sec +/- 10 secs
Gold	Starlight Waltz (2 Seq) Kilian (2 Seq)	2 mins 20 secs +/- 10 sec
Masters	Quickstep with ChSt Starlight Waltz	3 mins +/- 10 sec

NOTE: Skaters may only compete in one Championship in each season. Therefore, a skater who enters the British Adult Championships is not eligible to skate in the British Solo Ice Dance Championships, or vice versa.

For the sake of clarity, however, there is no restriction on skaters participating in Open Competitions in both Adult and Solo Dance categories.

RULES & REGULATIONS

DEESIDE SOLO DANCE SERIES COMPETITION

26th & 27th January 2026

COMPETITION REGULATIONS

Competition held under BIS Regulations and Permit (applied for)

CLOSING DATE FOR ENTRIES:
Wednesday 26th November 2025 at 12 noon

Entry forms are submitted electronically. A fully completed form must be submitted for each skater. The entry form is available by clicking the following link: [Deeside Solo Dance Entry Form 2026](#)

Programme Components:

PCS forms MUST be completed by 26th November 2025 via the following link: [PCS FORM](#)

Failure to upload the contents sheet by this time will result in your entry being withdrawn from the competition.

<i>Solo Dance Element Codes</i>	
Diagonal Step Sequence	DiSt
Circular Step Sequence	CiSt
Midline Step Sequence	MiSt
Serpentine Step Sequence	SeSt
One Foot Step Sequence	OFT
Solo Twizzles	SoTw
Sequential Twizzles	SqTw
Dance Spin	DSp
Spiral Edge Element	SPEe
Crouch Edge Element	CREe
Outside Spread Eagle Element	SEe
Choreographic Hydroglide	ChHy
Ina Bauer Edge Element	IBEe
Choreographic Spin	ChSp
Choreographic Character Step	ChSt
Choreographic Edge Element	ChEe
Choreographic Slide	ChSl
Choreographic Twizzles	ChTw

Music:

Music for both Free and Pattern/Rhythm Dance must be uploaded via electronic form by Friday 5th December. 2025 at 6:00pm. **Music must be labelled correctly using the following format:** Skaters Name_LevelFD/PD/RD for example joebloggs_BeginnerFD or joebloggs_BasicNovicePD

Failure to upload music by 6:00pm on Friday 5th December 2025 will invalidate your entry.

Results:

The determination and publication of the results will be done according to ISU Special Regulations & Technical Rules for Single & Pair Skating and Ice Dance 2024, Rules 352 and 353.

British Ice Skating membership number MUST be provided or entries will not be accepted. Payment must be received in FULL by 12 noon on Wednesday 26th November 2025.

1. All events will be judged using the IJS system.
2. The Draw for order of skating will be an electronic random draw competition and details posted on our Facebook page Deeside Ice Skating Club and via our Sportity channel (Password: DeesideSD26).
3. **All technical requirements are as per [British Ice Skating Solo Ice Dance Criteria 2025/26](#) as applicable and the ISU Solo Dance Requirements.**
4. The competitions will be held under permit (applied for) from British Ice Skating and it is a requirement of this competition that all competitors are a member of BIS. **Skaters must have an up-to-date BIS membership from the date of application to the close of this event.**
5. All competitors must be eligible skaters as defined by the BIS rules. All competitors must quote their BIS membership number.
6. For all Beginner competitors who have not achieved BIS Level 1 field moves/skating skills Skate UK passports must be sent to Test.Membership@iceskating.org.uk
7. Entries will be treated on a first-received basis within each category and will be subject to clearance of the entry fee. There will be limited entries in each category based on the time available. A waiting list will be in operation for oversubscribed categories and the entrant will be notified.

Reserve lists will operate until the time of the draw for entries to oversubscribed sections in order of date received by the closing date.

8. All skaters are required to fill in the programme content sheet. This should be filled in using the correct element codes. *If this is not completed the skater will not be eligible to compete.*
9. **Music** for programmes should be uploaded via the electronic forms and be labelled correctly as defined within the rules and regulations. Competitors and coaches should have an additional copy of the music via USB stick rink side. ***Please note we are unable to accommodate music stored on either CD or mobile phones.***
10. Entry Fees (payable via Sport80 platform):
£85 Pattern Dance/Rhythm Dance
£85 per Free Dance
11. **Withdrawals: Entry fees will only be refunded in full for oversubscribed entries. Withdrawals prior to closing will incur a £20 admin fee. Any withdrawals after the closing date will not automatically**

be entitled to a refund but may be considered if accompanied by an Official doctor's note, this will be at the Organisers' total discretion. Please note that where the competition goes ahead, there will be no refunds for any competitors who withdraw for any reason other than medical, as described above.

<https://app.smartsheet.com/b/form/019884b3be7f7d929dd382dff4c2e455?>

12. All entries will receive an automatic receipt once the Sport80 form has been submitted. Organisers will aim to have competitor lists available as soon after the closing date as possible.
13. Flash Photography, Photography & Videoing – **Personal photography/video recording/streaming/Face Time of competitors during practice ice/warm-up sessions or competition skates is not permitted at this Event. This follows BIS Child Protection Policy.**
14. *To comply with the BIS Child Protection Policy, all competitors must consent to being photographed and videoed and agree to be included in the official photographs/ videos of the event. By entering the event there is automatic acceptance that the skater may be photographed/videoed and that any images may be used by BIS and DISC.*
15. These competitions may be subject to doping control under BIS rules and by the ISU.
16. Presentations will take place, on or off ice, at suitable points throughout the day. *Following failure to return some of our trophies from previous competitions, we have decided that the trophies will not be removed from the competition.* Winners will be able to get their photos with the competition trophy during the presentation. All winners will also be presented with a smaller trophy or medal to be taken away with them.
17. DISC will provide limited practice ice spaces for this event; details will be posted on our Facebook and Sportity page nearer the time of the event.
18. Property loss - DISC cannot accept any responsibility for any damage or loss of personal property.
19. By entering the competition, you agree to abide by all the rules and regulations laid out in this document.
20. Liability – in accordance with ISU Rule 119, Deeside Ice Skating Club accept no liability for injury/damage or loss incurred by competitors or officials. Medical emergency first aid will be available during the competition. First Aid staff will be on duty and available via Deeside Leisure Centre (DLC) reception desk for the duration of the event.
21. Competitors/Officials must report any injuries incurred to the Registration Desk staff.
22. The timetable of events will be published as soon as possible after the closing date and **it will NOT BE POSSIBLE** to confirm exactly which events will take place on which day prior to this, as DISC will work with officials to ensure as many skaters as possible can enter the event and this may influence the days.
23. Anyone booking hotel accommodation and making travel arrangements, do so at their own risk – under no circumstances will DISC be liable for or cover any expenses for travel, accommodation or meals for accepted competitors, their coaches or families.
24. Should anything out with the Organisers control happen (e.g., ice failure, building issues, power cuts, Covid lockdown or other Government restrictions etc.) that causes the event to be cancelled, the Organisers will not be held responsible for any expenses incurred by competitors, their coaches or families.
25. Personal Details – by entering this event the competitor agrees to their entry form information being stored electronically. This being held, as per GDPR legislation and used for the purpose of organising timetables, running the competition, calculation of results from marks given by the judges etc. The results will be published.

In the event of the competition having to be cancelled due to circumstances beyond our control a £25 deposit will be kept per category segment to help cover overheads.

General Enquiries to deesidesolodance2026@gmail.com

